



Sample Schedule of Events, Activities and Dining

Date	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Activity of the Day	Land & Sea Tour Min Req 4 Meet the dock 9:15am Yoga with Monetta 3:30 - 4:45pm at the Gym	North Tour Min Req 4 / Departs gam Castries Shopping Trip Min Req 4 / Departs gam Wine Tasting Min Req 2/ 4 -6pm	The Ti Kaye Garden Walk Min Req 2/Departs 10-11am Canopy Tour Min Req 2 / Departs 10.15am Managers Cocktail Party 6-7 Kai Manje Bar 6-7pm	Piton Climb Min Req 2 / Departs 7:30am Yoga with Monetta 3:30 - 4:45pm at the Gym Sunset Cruise Min Req 4 / Meet at dock 4:15pm Wine Tasting Min Req 2/ 4-6 pm	Land & Sea Tour Min Req 4 / Departs the dock at 9:15am Snorkel Trip Min Req 4 / Meet at Dock gam Wine Tasting Min Req 2/ 4-6pm	Castries Trip Via Water Min Req 4 / Departs the dock at 9:00am Rain Forest Hike Min Req 4 / Departs 8:30am South Tour Departs gam	Snorkel Trip Min Req 4 / Meet at gam Sunset Cruise Min Req 4 / Depart dock 4:15pm Wine Tasting Min Req 2/ 4-6pm
	Now available At Kai Koko Spa Professional Geleration soak-off polish. A revolutionary soak-off gel system, created with the natural nail in mind. Long lasting perfection!	Buy 1 get 1 free Book any relaxing facial and receive a complimentary hand massage, foot massage or reflexology.	Detox Grapefruit Scrub Try our all natural detox scrub, followed by a back, neck and shoulder massage. Finish with a cup of warm lime tea.	Now available At Kai Koko Spa Professional Geleration soak-off polish. A revolutionary soak-off gel system, created with the natural nail in mind. Long lasting perfection!	Deep Tissue Back Massage Alleviate stress, ease aching muscles and revive the senses with this powerful customized massage with blends of essential oil.	Time for men! Get away from it all with our own version of happy hour. Enjoy a scalp and facial pressure point massage	Spa Taster Refresher facial With a back, neck and shoulder massage
 Dive of the Day	Diving <u>Coral Gardens & Piton Wall</u> 2 wall dives at the base of the Pitons. Colourful fish and soft corals dominate these sites. Min Req 2 / Meet at gam	Diving <u>Lesleen M Wreck</u> This wreck sunk in 1986 and boasts lots of growth. <u>North Wall</u> A nursery for juvenile fish and the occasional turtle. Min Req 2 / Meet at gam Snorkel Lesson & Guide From 1pm	Diving <u>Superman's Flight</u> Dive the site made famous by the movie. <u>Devil's Hole</u> A nice shallow dive with plenty of ledges. Min Req 2 / Meet at gam Snorkel Trip Min Req 4 / Meet at gam	Fish Identification Class Learn how to identify the reef fish unique to the Caribbean. Dive Shop @ 11am Diving <u>Anse Le Raye Wall & Rosmund's Trench</u> Min Req 2 / Meet at gam	Diving <u>Superman's Flight</u> Dive the site made famous by the movie. <u>Devil's Hole</u> A nice shallow dive with plenty of ledges. Min Req 2 / Meet at gam Snorkel Trip Min Req 4 / Meet at gam	Shore Diving <u>Anse Cochon South</u> Find many critters including shrimp and cuttlefish. <u>Anse Cochon North</u> Spot the elusive seahorse or frogfish. Min Req 2 / Meet at gam Snorkel Lesson & Guide From 1pm	Diving <u>Pinnacles</u> Three pinnacles from 100ft <u>Anse Chastanet</u> A ledge dive home to many lobsters and flutefish. Min Req 2 / Meet at gam
Wine & Dine and be Entertained	Breakfast 8-10am Lunch Kai Manje 12-2:30 Lunch Ti Manje Beach 12-3:30 Kai Manje Cliff Bar Afternoon Tea 3:30 - 5 Happy Hour Specials 5-7 5 Course Seafood Dinner at the Ti Manje Beach Grill w/ Saxophonist Barthelmy Gustave Dinner Kai Manje 6:30-9	Breakfast 8-10am Lunch Kai Manje 12-2:30 Lunch Ti Manje Beach 12-3:30 Kai Manje Cliff Bar Afternoon Tea 3:30 - 5 Happy Hour Specials 5-7 Dinner Kai Manje 6:30-9 Madi Dinner Menu	Breakfast 8-10am Lunch Kai Manje 12-2:30 Lunch Ti Manje Beach 12-3:30 Kai Manje Cliff Bar Afternoon Tea 3:30 - 5 Happy Hour Specials 5-7 Managers Cocktail Party 6 pm St. Lucian Creole Buffet. Live Entertainment by local band Spectacle	Breakfast 8-10am Lunch Kai Manje 12-2:30 Lunch Ti Manje Beach 12-3:30 Kai Manje Cliff Bar Afternoon Tea 3:30 - 5 Happy Hour Specials 5-7 Dinner Kai Manje 6:30-9 Jedi Dinner Menu	Breakfast 8-10am Lunch Kai Manje 12-2:30 Lunch Ti Manje Beach 12-3:30 Kai Manje Cliff Bar Afternoon Tea 3:30 - 5 Happy Hour Specials 5-7 Dinner Kai Manje 6:30-9 Vandwedi Dinner Menu e	Breakfast 8-10am Lunch Kai Manje 12-2:30 Lunch Ti Manje Beach 12-3:30 Kai Manje Cliff Bar Afternoon Tea 3:30 - 5 Happy Hour Specials 5-7 Dinner Kai Manje 6:30-9 Samdi Dinner Menu Steel Pan Entertainment by Roston Eleuthere	Breakfast 8-10am Lunch Kai Manje 12-2:30 Lunch Ti Manje Beach 12-3:30 Kai Manje Cliff Bar Afternoon Tea 3:30 - 5 Happy Hour Specials 5-7 Dinner Kai Manje 6:30-9 Dimanch Dinner Menu

PLEASE READ: Bookings and reservations are required for all activities, tours, spa treatments, scuba diving and dining. We have a cancelation policy which is detailed in your 'in-room directory', which you are kindly requested to read. Please enquire at Front Desk for current prices which may be subject to 10% service charge and Government 10% VAT (Value Added Tax)